Achieving the United Nations 2030 Sustainable Development Goals, Health 2020 and the SEE 2020 goals: how to make it happen?

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A changing world

• A rapidly ageing society
• Dominance of noncommunicable diseases (NCDs) and multimorbidities
• Economic and financial pressures
• Climate change, migration, conflicts
• New technologies and social media
Major achievements of South-eastern Europe Health Network (SEEHN) member states

Life expectancy at birth

Infant mortality rate

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Increase in risk factors

Age-standardized overall premature mortality rate in people aged 30-69 years for four major noncommunicable diseases

Age-standardized prevalence of obesity (body mass index (BMI) ≥ 30 kg/m2) in people aged ≥ 18 years and over, WHO estimates

The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Source: Indicators for Health 2020
Map production: WHO European Health Information Gateway, gateway.euro.who.int
Poor health is a drain on a country’s economy!

- NCDs are costly due to both:
  - direct treatment costs; and
  - indirect costs resulting from productivity losses due to work loss.
- An estimated 7–12% of GDP is lost annually due to NCDs.
Unemployment

Unemployment rate

The former Yugoslav Republic of Macedonia (FYRO) is an abbreviation by the International Organization for Standardization (ISO).
Transforming our world: the 2030 Agenda for Sustainable Development

- The Summit outcome document was agreed by 193 Member States.
- It includes 17 Sustainable Development Goals.
The Sustainable Development Goals (SDGs)
SDG 3: Health for all at all ages

SDG 3 includes 13 targets by thematic area:

- Health throughout the life-course;
- Communicable diseases, NCDs and risk factors;
- Resilient environments;
- Health systems.
Health is central to development

Health and well-being are:
• outcomes
• determinants and
• enablers of the SDGs.
Health targets will be met only by linking policy action to actions for other SDGs.
The health goal will contribute to meeting other goals
Measuring progress on the health-related SDGs index

SEEHN countries ranking:

- Albania (53)
- Bosnia and Herzegovina (73)
- Bulgaria (67)
- Israel (23)
- Montenegro (51)
- Republic of Moldova (80)
- Romania (74)
- Serbia (65)
- The former Yugoslav Republic of Macedonia (61)

Key challenges:

- smoking, overweight, NCDs, family planning

A number of political enablers
Health 2020 aligned with the 2030 Agenda
Endorsed resolutions and action plans to advance health and well-being

- Regional Resolutions
- Global Resolutions
SEE 2020: health-enabled growth…

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- Wages and earnings
- Hours worked
- Early retirement
- Labour force participation
- Labour supply by relatives of those in poor health
- Personal investment in education
- Health sector “economic footprint”
- Fiscal multipliers: social and economic benefits of health interventions
- Health as an investment sector
The next cornerstone of regional cooperation for public health and well-being in south-eastern Europe

“The SDGs recognise that early childhood development can help drive the transformation we hope to achieve over the next 15 years.”

- United Nations Secretary-General Ban Ki-moon (22 September 2015)
It requires coherent and well-being are priorities.

Health is a political choice.

Improve health for all and reduce the health divide.
Achieving the SDGs: governance and leadership
Improving health throughout the life-course and acting on determinants
Multi- and intersectoral policies for health
Leaving no one behind
Preventing disease through a healthy environment

**Environmental Impacts on Health**

**What is the Big Picture?**

**Fact:**

23% of all global deaths are linked to the environment. That's roughly 12.6 million deaths a year.

**Where is it happening?**

- 3.8 million in South-East Asia region
- 3.5 million in Western Pacific region
- 2.2 million in Africa region
- 1.4 million in Eastern Mediterranean region
- 854,000 in Europe region
- 847,000 in the Americas

**Top 10 Causes of Death from the Environment**

1. Stroke: 2.5 million
2. Ischaemic Heart Disease: 2.3 million
3. Unintentional Injuries: 1.7 million
4. Cancers: 1.7 million
5. Chronic Respiratory Diseases: 1.4 million
6. Diarrhoeal Diseases: 846,000
7. Nontuberculous Malignant Diseases: 577,000
8. Intentional Injuries: 246,000
9. Respiratory Infections: 577,000
10. Malaria: 280,000

**Yearly**

- 4.9 million deaths in adults between 50 and 75 years old are most affected by the environment.
- 1.7 million deaths in children under five and adults between 50 and 75 years old are most affected by the environment.
Universal health coverage: out-of-pocket payments (OOPs) as a percentage of total spending on health

(High- and middle-income countries of the Region)

DANGER ZONE: > 30%

WARNING

SAFE: < 15% with pro-poor policies
Strengthening public health
Implementing in partnership
Preventing and controlling NCDs in SEE Health Network member countries

- Significant progress since 2011
- Premature mortality target expected to be achieve by the European Region and countries of the SEEHN
- Good innovations but relatively slow in implementing and scaling-up prevention efforts
- Countries discussed a relevant roadmap towards the third UN High-level meeting on NCDs in 2018 taking into account the uniqueness of European experiences in addressing NCDs
Strengthening health systems to sustain response to communicable diseases

- Transformative organizational changes for people-centered care:
  - Health workforce training and distribution
  - People-centered services delivery models with tailored individual needs
  - Efficient health financing mechanism and tools
- National leadership for change, promote roles of the regions
- Engage all stakeholders, including affected communities
- Share experiences and good practices
Better health for Europe: more equitable and sustainable
Thank you!