Antibiotic Resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause. This is compromising our ability to treat infectious diseases and undermining many advances in medicine.

We must handle antibiotics with care so they remain effective for as long as possible.

What can nurses do?

- Do you always follow infection prevention & control protocols?
- When your patient needs antibiotics, do you make sure they’re taking the right dose, for the right time, and by the best route?
- Do you talk to patients about how to take antibiotics correctly, antibiotic resistance & the dangers of misuse?
- Do you talk to patients about preventing infections (e.g. vaccination, hand washing, safer sex, covering nose & mouth when sneezing)?

And if you prescribe medication:

- Do you only prescribe & dispense antibiotics when they are needed, according to current guidelines?