PREVENTION AND CONTROL OF NONCOMMUNICABLE DISEASES
THE WORLD HEALTH ORGANIZATION’S (WHO) CONTRIBUTION IN KYRGYZSTAN

NONCOMMUNICABLE DISEASES (NCDs) CAUSE 80% OF ALL DEATHS IN KYRGYZSTAN

<table>
<thead>
<tr>
<th>Condition</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiovascular disease</td>
<td>49%</td>
</tr>
<tr>
<td>Cancer</td>
<td>10%</td>
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</tbody>
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Source: WHO – NCD country profiles, 2014

RISK FACTORS:

- 74% eat less fruit or vegetables than recommended for a healthy diet
- 70% do not engage in vigorous physical activity
- 23% are obese
- 43% have raised blood pressure
- 79% with raised blood pressure are not on medication
- 48% of men smoke
- 23% of men engage in heavy episodic drinking

Source: STEPS survey 2013, participants aged 25–64 years

STRATEGIES AND POLICY DIALOGUE

- dialogue on Den Sooluk health strategy
- convening UN agencies to collaborate on NCDs, 2016
- development and mid-term review of the NCD plan, 2016
- advice for drafting the mental health programme, 2016

ADDRESSING RISK FACTORS

- assistance in implementing the tobacco control programme
- needs assessment on Framework Convention on Tobacco Control (FCTC) implementation (2012) and support to comply with requirements
- Tobacco taxation policy, 2015
- support for the 5th Tobacco control forum, 2016
- workshop on tobacco tax harmonisation within the Eurasian Economic Union, 2016

DATA AND INFORMATION

- regular NCD monitoring
- surveys:
  - STEPS - NCD risk factors, 2013 and 2017
  - FEED - urban food environment, 2016
  - KAP - knowledge, attitudes, and practices of tobacco and alcohol use, 2017
  - global youth tobacco survey, 2014
  - childhood obesity, 2017
- support for the cancer registry, 2016

IMPROVING SERVICE DELIVERY

- Health System Barriers and Innovations for Better NCD Outcomes, 2013
- package of essential noncommunicable disease interventions (PEN) - piloting and assessment of effectiveness
- assessment of myocardial infarction and stroke management, 2016
- scaling up PEN implementation and improving services for patients with myocardial infarction and stroke, 2017
- joint IAEA and WHO mission on cancer services (Im-Pact review), 2015

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